

**Next Workshop:**

Friday 17th July
2009

Time:

1.30pm—3.30pm

Feel free to come along
at 1-15pm for tea/coffee
and a chat!

Cost:

\$25 (all materials
included)

Location:

Hawthorn
Community
House—a
Victorian cottage
located in Central
Gardens -
32 Henry Street,
Hawthorn

In association with:

OvarianCancerAustralia

Circuit Breakers: Arts-Based Workshops for Women with Ovarian Cancer

*Promoting the health and well-being of women with
ovarian cancer through the arts*

Living with ovarian cancer can be an isolating experience. Through these arts-based workshops, women with ovarian cancer will have the opportunity to:

- Connect with other women who have ovarian cancer
- Share experiences of living with ovarian cancer
- Engage in arts-based experiences for relaxation and fun
- Develop new coping strategies

PLEASE NOTE:

Limited places available **(6)** (If this workshop fills quickly, another will be scheduled!)

No art skills necessary, just a willingness to try something new!

To confirm your place and to make payment by 9th July, please contact Ovarian Cancer Australia on 1300 660 334 (Mon-Thurs between 8.30am-4pm)

Facilitator:

Tricia Ong, M.C.A.T (Creative Arts Therapist). For more information on the session, please call Tricia on 0416 034 664 (Mon-Fri 9am—5.30pm) or email: tmong@iinet.net.au

**Costs of this workshop have been kindly subsidized by
Ovarian Cancer Australia**